# **PPE Recommendations - Community**

For health-care personnel participating in patient care

March 30, 2020



## **PPE Recommendations for LTC & Assisted Living**

Location	Activity	Type of PPE	Comments
Patient Room	Providing direct care to patients	Medical mask Gloves Eye protection (goggles or face shield)	Extended use of <u>same mask and eye protection</u> for repeated interactions with multiple patients for <u>maximum of one complete shift</u> : <u>Change mask IF</u> it becomes wet, damaged, soiled, or when leaving the unit <u>Clean Eye Protection</u> at the end of shift  If <u>ANY item</u> of PPE is doffed, it <u>must be replaced</u> by a clean set <u>Gloves</u> must be changed between each patient encounter. Hand Hygiene before/after donning/doffing gloves or contact with patient or patient environment without gloves.
	Care of patients with respiratory symptoms or patients who are COVID-19 positive	Medical mask Gown Gloves Eye protection (goggles or face shield)	Extended use of <u>same mask, eye protection and gown without removal</u> for repeated interactions with multiple patients for <u>maximum of one complete shift</u> : <u>Change mask IF</u> it becomes wet, damaged, soiled, or when leaving the unit <u>Clean Eye Protection</u> at the end of shift <u>Change Gown IF</u> it becomes wet, or soiled, when leaving unit.  If <u>ANY item</u> of PPE is doffed, it <u>must be replaced</u> by a clean set <u>Gloves</u> must be changed between each patient encounter. Hand Hygiene before/after donning/doffing gloves or contact with patient or patient environment without gloves  Issued: March 29, 2020

	PPE Recommendations for LTC & Assisted Living					
Location	Activity	Type of PPE	Comments			
Patient Room	Aerosol-generating procedures performed on COVID-19 patients	Respirator N95, FFP2 standard, or equivalent. Gown Gloves Eye protection Apron	Aerosol-generating procedures performed on COVID-19 patients in LTC, only when absolutely necessary to reduce need for N95 masks.  Extended use of same respirator, eye protection and gown without removal for repeated interactions with multiple patients for maximum of one complete shift:  Change respirator IF it becomes wet, damaged, soiled, or when leaving the unit Clean Eye Protection at the end of shift  Change Gown IF it becomes wet, or soiled, when leaving unit.  If ANY item of PPE is doffed, it must be replaced by a clean set  Gloves must be changed between each patient encounter. Hand Hygiene before/after donning/doffing gloves or contact with patient or patient environment without gloves			



	PP	E Recommendations for LTC	C & Assisted Living
Location	Activity	Type of PPE	Comments
Other Areas of Patient Transit (eg. Wards, corridors)	Any activity that involves contact within 2 metres of patients	Medical mask Gown Gloves Eye protection (goggles or face shield)	Extended use of same mask and eye protection for repeated interactions with multiple patients for maximum of one complete shift:  Change mask IF it becomes wet, damaged, soiled, or when leaving the unit Clean Eye Protection at the end of shift  If ANY item of PPE is doffed, it must be replaced by a clean set  Gloves must be changed between each patient encounter. Hand Hygiene before/after donning/doffing gloves or contact with patient or patient environment without gloves.  During any activity that requires a primary care provider or nurse to accompany the patient, the nurse or primary care provider assumes responsibility for pushing the stretcher - minimize number of people involved in transport wherever possible (e.g., In situations where there is normally a "sending nurse" and a "receiving nurse", the receiving nurse comes down to transport the patient).
Administrative Areas	Administrative tasks that do not involve contact with COVID-19 patients	Where there is no patient or public contact, no PPE required	Use social distancing.  Hand Hygiene upon entry to facility and before/after contact with patients, Healthcare workers, or healthcare environment
ALL STAFF INVOLVED IN PATIENT CARE	It is recommended that staff use d	ledicated footwear while at work, and sh	ower immediately upon returning home after every shift.

## **PPE Recommendations for Community Environments**

Environment	Location	Activity	Type of PPE	Comments
Home Care Environment/Hom e Support	Environment/Hom	Care of COVID-19- negative and asymptomatic clients	Medical mask Gloves Eye protection (goggles or face shield)	Extended use of <u>same mask and eye protection</u> for repeated interactions with multiple patients for <u>maximum of one complete shift</u> : <u>Change mask IF</u> it becomes wet, damaged, or soiled <u>Remove, cleanse and disinfect eye protection</u> when leaving client home. Clean eye protection should be reapplied prior to entering next client's home.  If <u>ANY item</u> of PPE is doffed, it <u>must be replaced</u> by a clean set <u>Gloves</u> must be changed between each patient encounter. <u>Hand Hygiene</u> before/after donning/doffing gloves & eye protection, or before/after contact with patient or patient environment without gloves.
		Care of COVID-19- positive clients and clients with symptoms of COVID-19	Medical mask Gown Gloves Eye protection (goggles or face shield)	Extended use of <u>same mask and eye protection</u> for repeated interactions with multiple clients (regardless of COVID-19 positivity) for <u>maximum of one complete shift</u> : <u>Change mask IF</u> it becomes wet, damaged, or soiled <u>Remove, cleanse and disinfect eye protection</u> when leaving client home. Clean eye protection should be reapplied prior to entering next client's home.  If <u>ANY item</u> of PPE is doffed, it <u>must be replaced</u> by a clean set <u>Gowns</u> are to be used as per routine practices and are doffed at the end of each client visit. <u>Gloves</u> must be changed between each client encounter. <u>Hand Hygiene</u> before/after donning/doffing gloves & eye protection, or before/after contact with client or client environment without gloves.



## **PPE Recommendations for Community Environments**

Environment	Location	Activity	Type of PPE	Comments
Home Care Environment/Hom e Support	Client Home	Aerosol-generating procedures performed on COVID-19-positive clients and clients with symptoms of COVID-19	Respirator N95, FFP2 standard, or equivalent Gown Gloves Eye protection	Aerosol-generating procedures performed on COVID-19 clients in Community Setting, only when absolutely necessary to reduce need for N95 masks.  Extended use of <u>same respirator, eye protection and gown without removal</u> for repeated interactions with multiple clients for <u>maximum of one complete shift</u> : <u>Change respirator IF</u> it becomes wet, damaged, or soiled. <u>Remove Respirator</u> upon leaving client's home <u>Remove, cleanse and disinfect eye protection</u> when leaving client home. Cleaned eye protection should be reapplied prior to entering next client's home. <u>Change Gown IF</u> it becomes wet, or soiled, when leaving unit.  If <u>ANY item</u> of PPE is doffed, it <u>must be replaced</u> by a clean set <u>Gloves</u> must be changed between each patient encounter. <u>Hand Hygiene</u> before/after donning/doffing gloves & eye protection, or before/after contact with patient or patient environment without gloves.
IN ALL AREAS	It is recommended th	nat staff <u>use dedicated fo</u> c	otwear while at work, and show	<u>wer</u> immediately upon returning home after every shift.



## **PPE Recommendations for Community Environments**

Environment	Location	Activity	Type of PPE	Comments
Ambulatory/Clinic Environments, Primary Care Environments, and Mental Health Offices	Reception	Able to maintain distance of at least 2 meters from clients	No PPE required	Hand Hygiene upon entry to facility and before/after contact with clients or client environments
		NOT able to maintain distance of at least 2 meters from clients	Medical mask Eye protection (goggles or face shield)	Extended use of <u>same mask and eye protection</u> for repeated interactions with multiple clients for <u>maximum of one complete shift</u> : <u>Change mask IF</u> it becomes wet, damaged, soiled, or when leaving the unit <u>Clean Eye Protection</u> at the end of shift  If <u>ANY item</u> of PPE is doffed, it <u>must be replaced</u> by a clean set <u>Hand Hygiene</u> upon entry to facility and before/after contact with clients or client environment
	Waiting Rooms, Consultation/Treat ment Rooms	Care of COVID-19- negative and asymptomatic clients	Medical mask Gloves Eye protection (goggles or face shield)	Extended use of same mask and eye protection for repeated interactions with multiple clients for maximum of one complete shift:  Change mask IF it becomes wet, damaged, soiled, or when leaving the unit Clean Eye Protection at the end of shift  If ANY item of PPE is doffed, it must be replaced by a clean set  Gloves must be changed between each client encounter.  Hand Hygiene before/after donning/doffing gloves or contact with client or client environment without gloves.



## **PPE Recommendations for Community Environments**

Environment	Location	Activity	Type of PPE	Comments
Environments, C	Waiting Rooms, Consultation/Treat ment Rooms,	Care of COVID-19- positive clients and clients with symptoms of COVID-19	Medical mask Gown Gloves Eye protection (goggles or face shield)	Droplet and Contact Precautions.  Extended use of same mask and eye protection for repeated interactions with multiple clients (regardless of COVID-19 positivity) for maximum of one complete shift:  Change mask IF it becomes wet, damaged, soiled, or when leaving the unit  Clean Eye Protection at the end of shift  If ANY item of PPE is doffed, it must be replaced by a clean set  Gowns are to be used as per routine practices and are doffed at the end of each client visit.  Gloves must be changed between each client encounter.  Hand Hygiene before/after donning/doffing gloves or contact with client or client environment without gloves.
		Aerosol-generating procedures performed on COVID-19-positive clients and clients with symptoms of COVID-19	Respirator N95, FFP2 standard, or equivalent. Gown Gloves Eye protection	Aerosol-generating procedures performed on COVID-19 patients in Community Setting, only when absolutely necessary to reduce need for N95 masks.  Extended use of <u>same respirator</u> , <u>eye protection and gown without removal</u> for repeated interactions with multiple patients for <u>maximum of one complete shift</u> : <u>Change respirator IF</u> it becomes wet, damaged, soiled, or when leaving the unit <u>Clean Eye Protection</u> at the end of shift <u>Change Gown IF</u> it becomes wet, or soiled, when leaving unit.  If <u>ANY item</u> of PPE is doffed, it <u>must be replaced</u> by a clean set <u>Gloves</u> must be changed between each patient encounter. Hand Hygiene before/after donning/doffing gloves or contact with patient of patient environment without gloves

## **PPE Recommendations for Community Environments**

Environment	Location	Activity	Type of PPE	Comments
Ambulatory/Clinic Environments, Primary Care Environments, and Mental Health Offices	Shared Spaces	Any	Medical mask Eye protection (goggles or face shield)	Extended use of <u>same mask and eye protection</u> for repeated interactions with multiple patients for <u>maximum of one complete shift</u> : <u>Change mask IF</u> it becomes wet, damaged, soiled, or when leaving the unit <u>Clean Eye Protection</u> at the end of shift  If <u>ANY item</u> of PPE is doffed, it <u>must be replaced</u> by a clean set  Hand Hygiene upon entry to facility and before/after contact with Clients or client environment
IN ALL AREAS	It is recommended that staff <u>use dedicated footwear</u> while at work, and <u>shower</u> immediately upon returning home after every shift.			



## **PPE Recommendations for Community Environments**

Environment	Location	Activity	Type of PPE	Comments
Shelter/Housing Facilities Reception	Reception	Able to maintain distance of at least 2 meters from clients	No PPE required	Hand Hygiene upon entry to facility and before/after contact with Clients or client environment
	NOT able to maintain distance of at least 2 meters from clients	Medical mask Eye protection (goggles or face shield)	Extended use of <u>same mask and eye protection</u> for repeated interactions with multiple patients for <u>maximum of one complete shift</u> : <u>Change mask IF</u> it becomes wet, damaged, soiled, or when leaving the unit <u>Clean Eye Protection</u> at the end of shift  If <u>ANY item</u> of PPE is doffed, it <u>must be replaced</u> by a clean set  Hand Hygiene upon entry to facility and before/after contact with Clients or client environment	
	Client Rooms and Sleeping Areas	Direct care of COVID- 19-negative and asymptomatic clients	Medical mask Gloves Eye protection (goggles or face shield)	Extended use of <u>same mask and eye protection</u> for repeated interactions with multiple patients for <u>maximum of one complete shift</u> : <u>Change mask IF</u> it becomes wet, damaged, soiled, or when leaving the unit <u>Clean Eye Protection</u> at the end of shift  If <u>ANY item</u> of PPE is doffed, it <u>must be replaced</u> by a clean set  Hand Hygiene upon entry to facility and before/after contact with Clients or client environment



## **PPE Recommendations for Community Environments**

Environment	Location	Activity	Type of PPE	Comments
Shelter/Housing Facilities	Client Rooms and Sleeping Areas	Direct care of COVID- 19-positive clients and clients with symptoms of COVID-19	Medical mask Gown Gloves Eye protection (goggles or face shield)	Droplet and Contact Precautions.  Extended use of <u>same mask and eye protection</u> for repeated interactions with multiple patients (regardless of COVID-19 positivity) for <u>maximum of one complete shift</u> : <u>Change mask IF</u> it becomes wet, damaged, soiled <u>Clean Eye Protection</u> at the end of shift  If <u>ANY item</u> of PPE is doffed, it <u>must be replaced</u> by a clean set <u>Gowns</u> are to be used as per routine practices and are doffed at the end of each client visit. <u>Gloves</u> must be changed between each client encounter. Hand Hygiene before/after donning/doffing gloves or contact with patient or client environment without gloves.
	Shared Spaces	Any	Medical mask Eye protection (goggles or face shield)	Extended use of <u>same mask and eye protection</u> for repeated interactions with multiple patients for <u>maximum of one complete shift</u> : <u>Change mask IF</u> it becomes wet, damaged, soiled, or when leaving the unit <u>Clean Eye Protection</u> at the end of shift  If <u>ANY item</u> of PPE is doffed, it <u>must be replaced</u> by a clean set  Hand Hygiene upon entry to facility and before/after contact with Clients or client environment
IN ALL AREAS	It is recommended	that staff <i>use dedicated</i>	<u>I footwear</u> while at work, an	d <u>shower</u> immediately upon returning home after every shift.



## **PPE Recommendations for Community Environments**

Environment	Location	Activity	Type of PPE	Comments
Overdose Prevention Sites (OPS)	vention Sites	Able to maintain distance of at least 2 meters from clients	No PPE required	Hand Hygiene upon entry to facility and before/after contact with Clients or client environment
		NOT able to maintain distance of at least 2 meters from clients	Medical mask Eye protection (goggles or face shield)	Extended use of <u>same mask and eye protection</u> for repeated interactions with multiple patients for <u>maximum of one complete shift</u> : <u>Change mask IF</u> it becomes wet, damaged, soiled, or when leaving the unit <u>Clean Eye Protection</u> at the end of shift  If <u>ANY item</u> of PPE is doffed, it <u>must be replaced</u> by a clean set  Hand Hygiene upon entry to facility and before/after contact with Clients or client
	Waiting Room, Injection Area, and Shared Spaces	Care of non-COVID-19- negative and asymptomatic clients	Medical mask Gloves Eye protection (goggles or face shield)	Extended use of same mask and eye protection for repeated interactions with multiple patients for maximum of one complete shift:  Change mask IF it becomes wet, damaged, soiled, or when leaving the unit Clean Eye Protection at the end of shift  If ANY item of PPE is doffed, it must be replaced by a clean set  Gloves must be changed between each patient encounter. Hand Hygiene before/after donning/doffing gloves or contact with patient or patient environment without gloves.



## **PPE Recommendations for Community Environments**

Environment	Location	Activity	Type of PPE	Comments
Overdose Prevention Sites (OPS)	Waiting Room, Injection Area, and Shared Spaces	Care of COVID-19- positive clients and clients with symptoms of COVID-19	Medical mask Gown Gloves Eye protection (goggles or face shield)	Droplet and Contact Precautions.  Extended use of <u>same mask and eye protection</u> for repeated interactions with multiple patients (regardless of COVID-19 positivity) for <u>maximum of one complete shift</u> : <u>Change mask IF</u> it becomes wet, damaged, soiled <u>Clean Eye Protection</u> at the end of shift  If <u>ANY item</u> of PPE is doffed, it <u>must be replaced</u> by a clean set <u>Gowns</u> are to be used as per routine practices and are doffed at the end of each client visit. <u>Gloves</u> must be changed between each client encounter. Hand Hygiene before/after donning/doffing gloves or contact with patient or client environment without gloves.
		Aerosol-generating procedures performed on COVID-19-positive clients and clients with symptoms of COVID-19	Respirator N95, FFP2 standard, or equivalent. Gown Gloves Eye protection Apron	Aerosol-generating procedures performed on COVID-19 patients in Community Setting, only when absolutely necessary to reduce need for N95 masks.  Extended use of <u>same respirator</u> , <u>eye protection and gown without removal</u> for repeated interactions with multiple patients for <u>maximum of one complete shift</u> : <u>Change respirator IF</u> it becomes wet, damaged, soiled, or when leaving the unit <u>Clean Eye Protection</u> at the end of shift <u>Change Gown IF</u> it becomes wet, or soiled, when leaving unit.  If <u>ANY item</u> of PPE is doffed, it <u>must be replaced</u> by a clean set <u>Gloves</u> must be changed between each patient encounter. Hand Hygiene before/after donning/doffing gloves or contact with patient or patient environment without gloves
IN ALL AREAS	It is recommended	that staff <u>use dedicated</u>	<i>l footwear</i> while at work, an	d <u>shower</u> immediately upon returning home after every shift.

## **PPE Recommendations for Community Environments**

Environment Lo	ocation	Activity	Type of PPE	Comments	
pre tra	aseline recautions for ansfer of all atients/clients	Any	Medical mask Gloves Eye protection (goggles or face shield)	Extended use of <u>same mask and eye protection</u> for repeated interactions with multiple patients for <u>maximum of one complete shift</u> : <u>Change mask IF</u> it becomes wet, damaged, soiled, or when leaving the unit <u>Clean Eye Protection</u> at the end of shift  If <u>ANY item</u> of PPE is doffed, it <u>must be replaced</u> by a clean set <u>Gloves</u> must be used for direct contact with clients or client belongings. Gloves must be changed between encounters with individual patients/belongings. Hand Hygiene before/after donning/doffing gloves or contact with patient or patient environment without gloves.	
19	ansfer of COVID- positive/high- sk patients/clients	Any	Medical mask Gown Gloves Eye protection (goggles or face shield)	Droplet and Contact Precautions.  Extended use of <u>same mask and eye protection</u> for repeated interactions with multiple patients (regardless of COVID-19 positivity) for <u>maximum of one complete shift</u> : <u>Change mask IF</u> it becomes wet, damaged, soiled <u>Clean Eye Protection</u> at the end of shift  If <u>ANY item</u> of PPE is doffed, it <u>must be replaced</u> by a clean set <u>Gowns</u> are to be used as per routine practices and are doffed at the end of each client visit. <u>Gloves</u> must be changed between each client encounter. Hand Hygiene before/after donning/doffing gloves or contact with patient or client environment without gloves.	
IN ALL AREAS It is	It is recommended that staff <u>use dedicated footwear</u> while at work, and <u>shower</u> immediately upon returning home after every shift.				

## **PPE Recommendations for Cleaning Staff**

Site	Location	Activity	Type of PPE	Comments	
LTC & Assisted Living	Patient Rooms	Entering the room of COVID-19 patients	Medical mask Gown Heavy duty gloves Eye protection (if risk of splash from organic material or chemicals) Boots or closed work shoes	Room cleaning of COVID pts to <u>discretionary cleaning only</u> — at discretion of health care provider.  Limit cleaning of patient rooms while COVID-19 patient or cohort remains in place — reduce cleaning to times when patients are not present in rooms.  Limit movement of patients to reduce transmission.  Extended use of PPE when cleaning a series of rooms. <u>extended use of same mask and eye protection</u> for repeated interactions in multiple patient rooms. <u>Gloves</u> can be changed between each encounter. Hand Hygiene before/after donning/doffing gloves or contact with patient or patient environment without gloves. <u>Gowns</u> are to be used as per routine practices.	
IN ALL AREAS	It is recommended that staff use dedicated footwear while at work, and shower immediately upon returning home after every shift.				



#### **PPE Recommendations for Visitors**

Location	Activity	Type of PPE	Comments
Emergency Settings, and All Non-Critical Care Inpatient Rooms*	Entering the room of COVID-19 a patient	No PPE - ensure visitors are informed of risk.	Essential visitors only  Hand Hygiene upon entry to facility and before/after contact with HCW or healthcare environment

- \* "All Non-Critical Care Inpatient Rooms" includes rooms in:
- Inpatient Surgical Settings
- Oncology Settings
- NICU
- Assisted Living Facilities
- Medicine Settings

- **Hospitalist Settings**
- Palliative Settings
- Maternity (LD & PP)
- Pediatric Settings
- Long-term Care Facilities



TTE Recommendations for Wedled Eds Assistants					
Site	Location	Activity	Type of PPE	Comments	
All Inpatient Settings	Patient Rooms	Manipulation of samples	Medical mask Gown Gloves Eye protection (if risk of splash)	If there is any possibility of the primary care provider drawing blood, they should assume responsibility for drawing blood to minimize number of lab technicians entering the Care Setting. Otherwise, have dedicated lab technician(s) for department.	
				In this case <u>extended use of same mask and eye protection</u> for repeated interactions with multiple patients.	
				<u>Gloves</u> can be changed between each patient encounter. Hand Hygiene before/after donning/doffing gloves or contact with patient or patient environment without gloves	
				<u>Gowns</u> are to be used as per routine practices.	

It is recommended that staff <u>use dedicated footwear</u> while at work, and <u>shower</u> immediately upon returning home after every shift.

PPF Recommendations for Medical Lab Assistants

\* "All Inpatient Settings" includes rooms in:

ICU Settings • Palliative Settings

HAU • Oncology Settings

• Maternity (LD & PP)

CSIU • Pediatric Settings

Inpatient Surgical Settings • NICU

Medicine Settings • Long-term Care Facilities

Hospitalist Settings
 Assisted Living Facilities



**IN ALL AREAS** 

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It is recommended that staff use dedicated footwear while at work, and

shower immediately upon returning home after every shift.

#### **PPE Recommendations for Administrative Personnel** Location **Activity Type of PPE Comments** All Inpatient and Tasks that do not involve Where there is no patient or Use social distancing. public contact, PPE is not Outpatient contact with COVID-19 Hand Hygiene upon entry to facility and before/after contact with patients, Healthcare workers, or **Administrative Areas** needed. patients healthcare environment **IN ALL AREAS** Where possible, it is recommended that staff *use dedicated footwear* while at work, and *shower* immediately upon returning home after every shift.

