

COVID-19 Resources



Health resources

811 Call for medical information and advice
211 Seniors call or visit bc211.ca for help or to volunteer to give help

BC.Thrive.Health Online COVID-19 self-assessment tool

BC COVID-19 App – Download the free mobile app for up-to-date information and the Self-Assessment tool

1-888-338-6622 Childcare matching support for essential service workers



Financial resources

BC Hydro deferral and payment plans available 1-800-BC-HYDRO

ICBC payment deferrals and over-the-phone insurance renewals 1-800-665-6442

BC Business Taxes payments for EHT, PST, municipal and regional district tax, tobacco tax, motor fuel tax, and carbon tax are deferred until after Sept 30

Rental Support new rental supplement up to \$500/month bchousing.org/bctrs

BC Emergency Benefit additional one-time \$1000 to those receiving EI or CERB

Visit gov.bc.ca/covid19 or call 1-888-COVID19 for all non-medical information

Fortis BC established a COVID-19 customer recovery fund fortisbc.com/

Federal Resources

Canada.ca/coronavirus

Canada Emergency Response Benefit provides \$2000/month to workers who have lost income related to COVID-19

Program will cover up to 75% of wages for businesses, charities, and non-profits who've lost more than 15% of revenue in March.



Take care of your emotional and mental well-being

This is a stressful and anxious time for everyone. If you could use some support during this time call 310-Mental or cmha.bc.ca/covid-19/ for free online resources.

Source: bccdc.ca