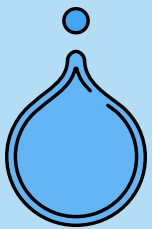




Safe Outreach During The Coronavirus Outbreak

Follow these tips to help keep our community, clients, and ourselves safe during a time of uncertainty.

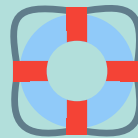
Personal Safety Tips



Wash your hands often, for at least 20 seconds.

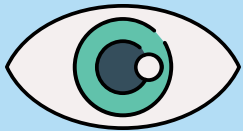
Use **soap and water**, or hand sanitizer with 60% alcohol or more.

How to Keep Everyone Else Safe



For overdose response, administer **naloxone** and call **911**.

If you give respirations during an overdose response, use the **THN face shield and eye protection**.



Stay home if you have a fever, cough, and/or shortness of breath. Call your supervisor/manager.

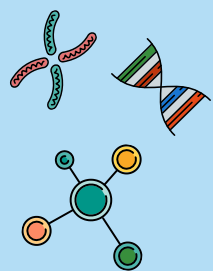
Stop touching your face.



Masks are for **high risk** situations, and clients who have **symptoms**.

Wearing a mask all day, or wearing two masks will **increase your risk**.

Wear a mask if you cannot maintain social distancing.



Avoid **close contact** with people who are sick.

Remember to stay **6 feet or 2 arm lengths** away!

Try and **avoid hugs**. Talk to people about why social distancing **helps**.

Stay at home while you are sick.

Call **1-888-COVID19** and arrange a test.

Return to work if the **test is negative**, or **after 14 days** if you did not get tested, but **no longer have symptoms**.



Change your clothes and shoes when you get to work.

Wash your clothes and shower as **soon as you get home**.

If you don't have a washer, put the **clothes in a garbage bag**, to wash all together later.

Store supplies **away from public** access.

Do not accept **unsealed or shared** food donations.

Do not accept anything you **can't disinfect**.



Self assessment at:
covid19.thrive.health/

Let your supervisor or manager know if you have a health condition, or are taking any medications that might put you at greater risk for COVID-19. You might need work a different role, or take extra precautions.





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Screening for COVID19



The top 3 symptoms of COVID 19 are **Fever, Shortness of Breath, and Cough.**

Fever is $\geq 38^{\circ}\text{C}$.

Communication about COVID19



Talk to clients about **handwashing, social distancing, and covering your cough or sneeze.**

If you give respirations during an overdose response, use the **THN face shield and eye protection.**



Call 1-888-COVID19 or your local public health authority, if you suspect COVID.

Get the person to wear a mask, and wash their hands.



Teach **proper handwashing** techniques, and where to access clean water/soap.

Provide handwashing kits when there is no public access.



Is it dope sick or COVID? Ask people if this is a new cough? Is it getting worse? Do you have a fever?



Encourage people to stock up on naloxone and harm reduction supplies.

Make sure they are keeping an eye out for each other.

Don't forget people are at risk for things **other than COVID.**

Assess for **increased overdose risk, mental health crisis, withdrawal, and other types of infection.**



Teach about changes to **drug tolerance** during periods where drugs aren't available.

Teach about changes to **drug tolerance** during periods of illness.

Talk about risk.



Self assessment at:
covid19.thrive.health/

New revisions to Health Canada rules, make it easier to get for doctors and pharmacists to provide carries. Ask your doctor to prescribe carries and as for as many carries as possible.

Recent adoption of Safe Supply guidelines means we are one step closer to a provincial safe supply of drugs in a dual health crisis.

